



# TWO DAYS, TWO REGIONS: BETWEEN LAZIO AND ABRUZZO (RI- AQ)

CYCLING, WILD NATURE, SCENIC VIEWS, SLOW VIBES  
TRAIN + BIKE MODE

Limited places in the hotels;  
it is recommended booking  
as soon as possible!

**April 25 – 26,  
2026**



We will set off from **Tagliacozzo**, leaving behind its timeless charm, and make our way to **Corvaro (RI)**, where a pleasant and restful overnight stay awaits us. The following day, we will continue our journey around **Mount Sant'Angelo**, winding through quaint villages and scenic roads framed by breathtaking mountain landscapes. Each turn will reveal captivating views, serene atmospheres, and the authentic beauty of an unspoiled land.

**Note:** Train tickets and meals are not included. Tour requires a minimum of 3 people. The tour may be canceled in case of bad weather or impediment of the Guide. The route can be changed if necessary at the sole discretion of the Guide.

## TECHNICAL DETAILS

- **Meeting Point:** Saturday, April 25th, on the train R20790 leaving Roma Tiburtina at 07:10 (arrival in Tagliacozzo at 09:03).
  - **The Route:**
- Day 1:** Tagliacozzo to Corvaro | ~30 km | elevation gain: about mt 500. Technical difficulty : moderately demanding (level 3/5)
- Day 2:** Mount Sant'Angelo Loop | ~35 km | elevation: about mt 500. Technical difficulty : easy (level 2/5)
- Physical Difficulty:** For both days: Moderately demanding (level 3/5).
- **Terrain:** Secondary asphalt roads and stretches of easy dirt roads.
  - **Suitable Bikes:** MTB, Gravel, Hybrid, or E-bike.

## ESSENTIAL INFO

- **Safety: HELMET IS OBLIGATORY.**
- Ability to ride on roads open to traffic is required.
- **Equipment:** Front and rear bike lights, spare inner tube, and repair kit are highly recommended.
- **Luggage:** Bring small luggage. if you use a backpack on the shoulders, pick one of maximum 20lt.
- **Clothing:** Layered cycling clothes, padded trousers, sunglasses, windstopper or rain jacket, and winter gloves.

## COSTS & BOOKING

- **Rentals:** Bike + helmet available via guide for €50.00 (2 days).
  - **Recommended rentals on your own:**
  - Tagliacozzo: e-bike € 30,00 per day; Rental Ebike Duchessa: e-bike € 40,00 per day
  - Rome: Easy Bike rent (via Dei Cerchi 59) / Bike Square (viale della Piramide Cestia 33)
  - **Guide Fee:** €50.00 per day/person (for Coop Members)  
€ 55.00 for non-Coop Members
  - **Overnight stay on April 25th:** Tourist accomodation "Al Fontanile" in Corvaro (RI): Triple room € 25 per person; double room € 30 per person; Single room € 40. Self service breakfast included / served breakfast: € 5
  - **Discounts (not combinable):**
- Early Bird:** €10.00 for the first 3 participants off if you book by April 16th, 2026.
- Referral:** €10.00 discount for you and any first-time friend you bring.
- **Deposit:** €50.00 required upon booking.



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**RESERVE YOUR  
SPOT NOW!**