



**15 -20 July 2025**  
***Dolomiti Alta Badia***  
***Summer 2025***

Limited places in the hotels; booking as soon as possible recommended



Departure by train from Rome on Monday 14<sup>th</sup> (night train); or Tuesday 15<sup>th</sup> (day train + bus/van).

Stay in La Villa BZ Alta Badia, Dolomites Italy July 15-20, 2025; daily bike tours - mostly medium level  
(\* see scale below)

We will stay in La Villa, BZ a charming village in the heart of Alta Badia. Located at 1,430 meters above sea level, La Villa is surrounded by the Puez-Odle and Fanes-Senes-Braies nature parks, true Dolomite spectacles! . La Villa is an ideal starting point for day trips by bicycle of all kinds that will also take us to high altitudes, where breathtaking views and the majesty of the mountains surrounded by unique colors combine with comfortable routes and efficient, welcoming services. Moreover, in La Villa, in winter on the famous La Gran Risa slope one of the most spectacular races of the Ski World Cup takes place, while in summer it is the starting point of the Marathon of the Dolomites.

*\*difficulty scale: 1 very easy; 2 easy; 3 medium demanding; 4 quite demanding ; 5 very demanding*

- Length: 30-60 Km per day; ascent: about mt. 300-800 per day
- Physical difficulty: medium demanding/quite demanding, (levels 3-4)
- Technical difficulty : easy/medium demanding (levels 2-3)
- Bottom: mostly dirt roads- easy dirt road
- Ability to ride on roads open to car traffic is required
- Suitable bicycle: mountain bike, hybrid bike, e-bike, gravel bike
- **HELMET OBLIGATORY**

### **Bike and e-bike rental on demand:**

bike and helmet provided and picked up by the guide € 120.00 per person for the entire bike travel;  
Rental recommended:

→ Easy bike rent - Via dei cerchi 59 tel. 0683958250 mobile 3755678174

→ Collalti bici - via del Pellegrino 80 tel. 0668801084

→ Rial Ecomobilità - Via Luigi Perna 65 tel. 06 89013378

### **Or:**

Possibility to rent a bike or e-bike in La Villa

(Booking well in advance recommended)

### **Cost of the tour :**

Guide: € 200 per person

Overnights:

Bed and breakfast 1:

double room € 68.00 per person breakfast included

single room € 88,00 per person

Family suite (2 double room and 1 bathroom) € 68,00 per person

Bed and breakfast 2 with spa and wellness room:

5 nights single room (superior) € 590,00 breakfast included

5 nights double room (alpine) € 972

5 nights triple room (alpine) € 1.361

Hotel (half board):

single room € 169.00; double room € 129 per person

The price includes : hotels, breakfast, (dinner in hotel) fee for the Guide

Not included: train tickets, lunches / dinners in Bed and breakfast, bike rent, tourist tax, and extras.

*The tour will take place with a minimum of 3 people;*

*The tour may be canceled in case of bad weather or impediment of the Guide*

*The route can be changed if necessary at the sole discretion of the Guide.*

Booking:

Send an email to: **paolo.antonini@scuoladimtb.eu** and **fao-staff-coop@fao.org** or whatsapp

+393334816341 not later than **10.06.2025**, (the sooner you book, the better)

payment on booking € 50.00; final balance based on your own hotel accommodation

More info: Paolo Antonini, mobile 333 4816341 mail: **paolo.antonini@scuoladimtb.eu**



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