



Sunday 18 January 2026

Roman Obelisks Guided Bike Tour

Enjoy the beauty of a bicycle tour through the historic city centre with Paolo, an expert mountain bike guide, while discovering the stories behind the mysterious obelisks with guide Francesca (Italian speaking).

Meeting point : h. 9:00 – Viale Aventino 8 (Opposite side to FAO) Start: h. 9:15

Did you know that Rome is the city with the most obelisks in the world? These monuments were brought here from Egypt, first by emperors and then by popes, to enrich Rome's urban landscape, but also to give meaning to the monuments and squares where they were placed. Today, these obelisks are also an excellent excuse to explore the city from an unusual perspective... Come with us!

- Length: about 20 km (5 hours).
- Physical difficulty: very easy (* level 1 see the scale below)
- Technical difficulty : very easy (* level 1 see the scale below)
- Ability to bike for many hours and a good level of stamina are required.
- Ability to ride on roads open to car traffic is required.
- Suitable bikes: hybrid bike, city bike, gravel bike, mountain bike
- **HELMET OBLIGATORY**

Price: **€ 45.00** per person / **€ 40.00 for FAO Staff Coop members** to be paid directly at meeting point.

A **€ 5.00** special discount will be applied to those who bring other people (relatives or friends and of course the discount will be applied also to them). Special price for family groups (minimum 4 people): **€ 30.00** for person.

Bike rental options:

- Bike and helmet provided and picked up by the Guide **€ 15.00**
- Bike Square Via della Piramide Cestia, 33 Roma phone 0698185055
- Easy Bike Rent, Via dei Cerchi, 59 Roma – tel. 06 83958250, 375 5678174, info@easybikerent.it
- Collalti Bici, Via del Pellegrino 82 Roma tel. 06 68801084

Booking: Send an email to: paolo.antonini@scuoladimtb.eu and fao-staff-coop@fao.org not later than **Friday 16 January 2026** h. 11:00 am (the sooner you book, the better)

The tour might be canceled in case of bad weather or impediment of the Guide
The tour will take place with a minimum of 3 participants

More info: Paolo Antonini, Mountain Bike Guide mobile 333 4816341 email: paolo.antonini@scuoladimtb.eu



In collaborazione con Italy Bike Tours Agenzia di Viaggi e Tours Operator – Ass Allianz S.p.A. Polizza n.253618897

