



FEDERAZIONE ITALIANA SHIATSU  
INSEGNANTI E OPERATORI

# Health Time SHIATSU

It improves health, reduces stress,  
and helps us to be more focused  
and gain energy through profound  
psycho-physical rebalancing.

Teacher Marco Praticò

- Prevention
- Balance
- Well-being

**BOOK-NOW**

Marco Praticò

[fao-staff-coop@fao.org](mailto:fao-staff-coop@fao.org)

