



FAO STAFF COOP



# TAI CHI

For the well-being of the body, mind and spirit

## TAIJI QUAN and QIGONG Therapeutic and Taoist

FRIDAYS 12:00—13:00

FAO- GYM "B"

TRIAL LESSON: FREE OF CHARGE

4 classes (to be used within a month): 50€

Single class: 15€

Maestra **PAOLA WU MIN YI**

National Champion of Tai Chi in 1989-90-91, Thirty-year teaching experience  
President of the Cultural Association "Tra Cielo e Terra" (San Saba area -- 3474110273)

FOR INFO AND BOOKING: [fao-staff-coop@fao.org](mailto:fao-staff-coop@fao.org) / 0657053142 (ROOM E016 – FAO)

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