



## Weekend 20-21 September 2025

*Borgorose and more...!*

*Late summer countryside vibes*

*Craft beer tasting at the end of the tour*

Limited places in the hotels; we recommend booking as soon as possible!!!

Two tours available: possibility to participate in both or only in one (more details here below)



Meeting point : Saturday 20th September 2025 Borgorose RI Piazza Municipio ore 8.45 Start h. 9.00.

[https://www.google.com/maps/place/BORGOROSE+%7C+Piazza+Municipio+%23+f8254/@42.1921849,13.2312237,18z/data=!4m1!1m2!2m1!1sborgorose+piazza+del+comune!3m6!1s0x132fc6c2a912d873:0xb2166be1182b84e5!8m2!3d42.192871!4d13.2321765!1sChtib3Jnb3Jvc2UgcGlhenphIGRlbCBjb211bmWSAQhidXNfc3RvcOABAA!16s%2Fg%2F11t6\\_7hxzm?entry=ttu&g\\_ep=EgoyMDI0MDgyOC4wIKXMDSoASAFQAw%3D%3D](https://www.google.com/maps/place/BORGOROSE+%7C+Piazza+Municipio+%23+f8254/@42.1921849,13.2312237,18z/data=!4m1!1m2!2m1!1sborgorose+piazza+del+comune!3m6!1s0x132fc6c2a912d873:0xb2166be1182b84e5!8m2!3d42.192871!4d13.2321765!1sChtib3Jnb3Jvc2UgcGlhenphIGRlbCBjb211bmWSAQhidXNfc3RvcOABAA!16s%2Fg%2F11t6_7hxzm?entry=ttu&g_ep=EgoyMDI0MDgyOC4wIKXMDSoASAFQAw%3D%3D)

Two different tours enjoying wild nature and beautiful late summer vibes.

Last not least !!!! Craft beer tasting at the end of the tour !

### Tour n. 1

- Length: about 35 km ascent: about mt. 480
- Physical difficulty: moderately demanding (\* level 3 see the scale below)
- Technical difficulty : easy (\* level 2 see the scale below)
- Bottom: secondary asphalted regular roads and short stretches of dirt roads
- Ability to ride on roads open to car traffic is required
- Suitable bicycle: mountain bike gravel bike, hybrid bike e-bike ,
- HELMET OBLIGATORY

### Tour n. 2 multilevel tour

- Length: about from 30 to 40 km ascent: from 480 to 900
- Physical difficulty: quite demanding, (\* level 3-4 see the scale below)
- Technical difficulty : easy (\* level 2-3 see the scale below)
- Bottom: secondary asphalted regular roads and some stretches of dirt roads)
- Ability to ride on roads open to car traffic is required
- Suitable bicycle:, mountain bike gravel bike, hybrid bike highly recommended e-bike
- HELMET OBLIGATORY

*\*difficulty scale: 1 very easy; 2 easy; 3 moderately demanding; 4 quite demanding ; 5 very demanding*

## **NOTES :**

- Front and rear bike light recommended .
- spare inner tube or tire repair kit recommended.

### **Recommended clothing:**

Layered clothing

Cycling trousers with pad, windstopper / rain jacket

Glasses (sunglasses), gloves, sunscreen

### **Bike and e-bike rental on demand:**

Bike and helmet provided by the guide € 45,00 per person for two days;

### **Recommended Rental Services:**

e.bike Duchessa (Borgorose RI) tel. 370.1352910:

Easy bike rent Via dei cerchi 59 Roma tel. 0683958250 mobile 3755678174

Bike Square Viale della Piramide Cestia, 33, 00153 Roma RM tel 06 9818 5055

Collalti bici via del Pellegrino 80 Roma tel. 0668801084

(Booking well in advance recommended)

### **Cost of the tour :**

Guide: € 50,00 per day/person

### **Overnight stay:**

Saturday 20.9.2025: guest house or B&B in Corvaro (RI) or surrounding area:

Triple room € 25.00 per person ; double room € 30.00 per person € 40.00 Single room

Self service breakfast included; served breakfast 5€.

The prices include: overnight stay, and fee for the Guide

not included: trip to Borgorose, meals, bike rent and craft beer tasting and extras

*The tour will take place with a minimum of 3 people;*

*The tour may be canceled in case of bad weather or impediment of the Guide*

*The route can be changed if necessary at the sole discretion of the Guide.*

### **Booking (reserved for FAO Staff Coop members only):**

Send an email to: [paolo.antonini@scuoladimtb.eu](mailto:paolo.antonini@scuoladimtb.eu) and [fao-staff-coop@fao.org](mailto:fao-staff-coop@fao.org) or whatsapp

+393334816341 not later than **18 September 2025**, (the sooner you book, the better)

payment on booking € 50.00; final balance based on your own hotel accommodation

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