



JULY
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fao Casa gazette

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- SARDINIA

- OPEN CHAMPIONSHIP GOLF

- DOLOMITI - VAL DI SOLE

- LA LUNA SUL LAGO

ACI - ITALIAN AUTOMOBILE CLUB

MONDAY 14:30 -17:00 WEDNESDAY 9:30-12:30 | E-014

52893

BICYCLE REPAIRS

WEDNESDAY 12.00-14.00 | BLG. D CAR PARK

DRY CLEANING

MONDAY & THURSDAY 14:00-17:00 | E-020

56069

WEDNESDAY & FRIDAY 12:00-14:00 | **WFP**

FINANCIAL PLANNING

TUESDAY 10.00-12.00 | E-021 - FRIDAY 12.00-14.00 | E-014

53142

FISCAL ADVISER

THURSDAY 10:00-12:00 | (BY APPOINTMENT) E-014

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GADOI MEDICAL INSURANCE

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52893

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THURSDAY 12:00-14:30 | **WFP**

HOUSING

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Typewritten electronic contributions for the FAO CASA Gazette are welcome. These can be articles, poems, drawings, photographs, etc., in fact, anything interesting that staff members and/or their families in Rome or in the field may wish to contribute. These contributions can be in English, French, Italian or Spanish.

No anonymous material will be accepted, and the Editor reserves the right to choose and/or reject material that is not in keeping with the ethics of the Organization. Send contributions electronically to the Editor at fao-staff-coop@fao.org or leave signed copies with the Coop office on the ground floor of building E.

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SARDINIA, THE ITALIAN EXCELLENCE OF TOURISM



by Giulio Calenne

Born in Rome on May 5, 1991, he graduated from La Sapienza University with master thesis on the Storytelling used by the Islamic State. Photojournalist, videomaker and journalist

Sardinia is confirmed as one of the Italian excellence in the field of world tourism. With its naturalistic oases, its breathtaking views and its natural scenery unchanged over time, the island tells its story, giving tourists an unforgettable experience. During the last World Travel Awards 2019, held in Madeira (Portugal), Sardinia has excelled imposing itself in what are considered real tourism Oscars - established to recognize and celebrate the excellence of the sector. The Arbatax Park Resort was, in fact, proclaimed the winner in the “Italy’s Leading Eco Resort” category, certifying the structure’s eco-sustainable commitment.



The Arbatax Park Resort was born in 2010 in the center of Ogliastra, from the vision of the entrepreneurs Giorgio and Angela Mazzella, who after years of activity as developers in the tourism field in Sardinia, decided to undertake a new challenge together by opening their “home” to the world, with the desire to share their passion for nature, for

children, for the traditions and their unconditional love for the Earth that hosts them. A land that amazes the visitor with its natural contrasts, lights and colors, a country of ancient traditions, immersed in a wild and unspoiled nature.

Located in the center of the Mediterranean, with a predominantly mountainous territory but without high peaks, Sardinia offers the visitor a unique natural environment, at the same time harsh and sweet. Man, in fact, is in some areas almost a rare presence; vast surfaces have remained magically intact, inhabited by

deer, wild horses and large birds of prey and are rich in small desert areas, ponds and lush forests with even millennial trees.

Among its wonders, as well as breathtaking seascapes and mountain glimpses, Sardinia offers the visitor the nuragic complexes scattered throughout

the territory, unique monuments in the world that bear witness to an ancient and still partly mysterious culture that goes from the 15th to the 6th Century to B.C.



Although its geographical “detachment” has made it the least Italian par excellence among the Italian regions, the same has given Sardinia the development of native animal and plant species (such as the mouflon or the white donkey of the Asinara), and has safeguarded its linguistic peculiarity and its ancient traditions, which have remained intact over the centuries.



The Sardinian gastronomic tradition, then, goes hand in hand with its naturalistic variety: deeply tied to the past and based on genuine food and homemade products, it alternates between the flavors of roast meats, typical of the interior (cooked according to the various variants local), to the delicious recipes of fresh fish of the coastal areas, passing through the numerous desserts based on almond paste, honey, sapa (cooked grape must) and the tasty and full-bodied local wines.

A land, Sardinia, just waiting to be discovered.

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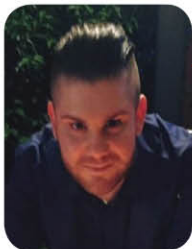
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OPEN CHAMPIONSHIP - IL GOLF NELLA SUA FORMA PIÙ CLASSICA

Tutto pronto in Irlanda del Nord per il più antico dei quattro Major mondiali



di Matteo Spinelli

Giornalista pubblicista

Uno sport che sta prendendo sempre più piede. Una vera e propria filosofia di vita. Un mondo che nell'ultimo periodo, anche grazie all'avvento di Pay TV e canali satellitari, si sta imponendo tra i grandi tornei sportivi seguito in ogni parte del globo. Il golf sembra essere lo sport più in voga degli ultimi anni, anche se le sue tradizioni nascono da lontano. Conferma ne è l'Open Championship (o semplicemente The Open), la competizione golfistica tra le più importanti al mondo, nonché il più antico tra i quattro tornei Major esistenti: la prima edizione fu infatti disputata nel 1860. Unico Major ad essere disputato al di fuori degli Stati Uniti, l'Open Championship si tiene annualmente a luglio su campi links inglesi o scozzesi ed è amministrato dall'R&A, che ha sede a St. Andrews. Quest'anno la competizione, in programma dal 18 al 21 luglio presso il Royal Portrush Golf Club nella contea di Antrim (Irlanda del Nord), vedrà l'italiano Francesco Molinari difendere il titolo di campione, dopo il successo conquistato nel 2018 sul green del Carnoustie Golf Links (Scozia).

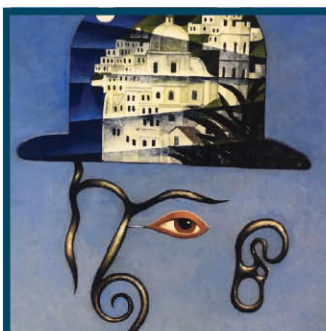


LA STORIA

Il torneo si disputò per la prima volta nell'ottobre 1860 al Prestwick Golf Club, sulla costa occidentale scozzese, con otto partecipanti che si affrontarono in un giorno soltanto su una distanza di 36 buche. La gara, vera innovazione per uno degli sport più in voga dell'epoca, nacque come tentativo di individuare il nuovo campione di golf a seguito della morte di Allan Robertson, considerato il miglior giocatore di quegli anni, scomparso nel 1859. La successione al trono, se così si può dire, fu ad appannaggio di Willie Park Sr., che batté di due colpi Tom Morris Sr.

L'anno successivo il torneo divenne aperto (open, appunto) anche ai giocatori non professionisti. Dal 1871 l'Open aprì le sue frontiere, non venendo più organizzato dal solo Prestwick Golf Club. A questo, infatti, si aggiunsero il Royal and Ancient Golf Club di St Andrews e l'Honourable Company of Edinburgh Golfers di Muirfield. In seguito, a partire dal 1920, il Royal and Ancient Golf Club divenne l'unico organizzatore del torneo. Nel 1892 un nuovo cambiamento per il torneo, con la gara che fu estesa a 72 buche, mentre due anni dopo si tenne la prima edizione di un Open al di fuori della Scozia: al Royal St George's Golf Club, in Inghilterra; nel 1898 fu introdotto il cut dopo due giri del campo.

Il torneo si è sempre giocato dal 1860, salvo tre occasioni: nel 1871, quando non si trovò l'accordo sul nuovo premio per il campione; tra il 1915 e il 1919 a causa della Prima guerra mondiale e tra il 1939 e il 1946 a causa della Seconda guerra mondiale. Al netto di tutte le interruzioni, quindi, il torneo conta 147 edizioni.



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verrà consegnata anche la prestigiosa Claret Jug, il cui nome ufficiale è Golf Champion Trophy. La coppa d'argento viene consegnata al vincitore dell'Open Championship e sulla base sono incisi i

nomi di tutti i vincitori delle precedenti edizioni e di quella corrente.

Così come le varie regole e sedi di gara, anche il trofeo dell'Open Championship ha cambiato più volte natura e forma nel corso degli anni. Il premio consegnato al vincitore delle prime edizioni, fino al 1872, era la Challenge Belt, una cintura di pelle marocchina ornata con una fibbia d'argento e con vari emblemi; la cintura doveva essere restituita dal campione in carica in occasione della successiva edizione del torneo, ma se un giocatore l'avesse vinta per tre volte consecutive, ne sarebbe diventato proprietario: ciò avvenne quando, nel 1870, Tom Morris Jr. vinse il suo terzo Open consecutivo.

Nel 1872 si decise di abbandonare la cintura in favore di un nuovo trofeo, l'attuale Golf Champion Trophy, che fu assegnato a partire dall'edizione del 1873 e che doveva essere restituito in vista dell'edizione successiva del torneo; si decise inoltre che il vincitore di ogni edizione, a partire già da quella del 1872, avrebbe ricevuto una medaglia – la Gold Medal – che avrebbe conservato per sempre ed il cui costo sarebbe stato decurtato dal suo premio in denaro. A partire dall'edizione del 1928, i vincitori dell'Open ricevono solo una copia della Claret Jug, mentre l'originale è conservata presso il Royal and Ancient Golf Club.





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TOMORROW, MY SON



by Fahmi Bishay

Dr. Bishay is an FAO retiree. He is a senior consultant in agricultural policy analysis, sustainable economic development and environmental protection. He is an economist, writer, and artist. This is his self-portrait.

A letter from a father to his retiring son from FAO; and all of you are his sons and his daughters.

Tomorrow, my son, you will graduate in the school of life. Tomorrow you will control your time with only self-imposed deadlines. Tomorrow you should make your life continue to be happy, productive, pleasurable and honorable.

Tomorrow, my son, you will still be the same professional expert you are today. Tomorrow you will be an even better expert for you will have enormous experience, and more time to develop and perfect your views and judgements.

Tomorrow, my son, you will have the time to leave your "finger prints" to your children and grandchildren. Tomorrow you will finalize your legacy to your beloved ones, not in words but in deeds. Tomorrow, my son, you will look at the past with gratefulness, the present with thanksgiving, and the future with longing.

Tomorrow, my son, you will develop and excel in your hobby with pleasure, delight and amusement. Tomorrow you will have the time to work on helping the needy; and to thank those who seek your charity for they make you charitable. Tomorrow you will enjoy beauty in sun rise, sun set and your surrounding wonderful nature.

Tomorrow, my son, you will help your memory by recording your feelings and reflections for your children and grandchildren to provide a shining and bright model before them.

Tomorrow, my son, take care of your health and that of those you love around you. Tomorrow, my son, count your blessings, be happy, content and most grateful for God's love of you and your family.

Finally, tomorrow, my son, I may not be around to hold your hand, but forever I'll be in your heart and you will always see me in your children and grandchildren.

Your father who loves you so.

Flowers to my son. An oil painting by

Fahmi Bishay.

(Oil on Canvas 60 X 40 cm.)





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The Adamello Group and Brenta Group of mountains, with plenty of Alpine lakes and glaciers, offer an endless supply of excursions and crossings for everyone, beginners and experienced alike. Val di Sole has two spas, in Rabbi and in Pejo. The spa in Pejo is open even during the winter season. During this summer week we will have the opportunity to do daily trekking choosing from "soft" to "hard".

We could try rafting on the Noce River or ride by mountain bike in those amazing places. Once back to the hotel we will have a wonderful relax area in the wellness center of our hotel Alp Tàller (<https://www.hotel taller.it/it/centro-benessere-val-di-sole/>), that will regenerate us. During the evening a tasty dinner will be the end of a wonderful challenging day!!

PROGRAM:

DEPARTURE: 21 July 9:00 am – meeting at Bar Antico Casello (Via Tiburtina, 954 – Rebibbia Metro Station)

DAY 1 - 22 JULY: MALGHETTE LAKE

Soft itinerary: Departure from AlpHotel Tàller by walk, in 15 min we will reach the cable car that will bring us to Malghet Haut at 1860 m. Then we will reach, by soft climbing, the Orso Bruno Hut at 2200 m, going down to the Malghette Lake Hut at 1891 m, packed lunch and back to the hotel walking up to the Solander Hut at 2100 m and downhill toward the cable car that will bring us back to Folgarida.

Technical details:

Elevation gain: about 550 m / Downhill difference in height: about 550 m / Length: about 8 km

Hard itinerary:

Same path until Malghette Lake, then back doing the tour of the alpine pastures passing through Vigo and Dimaro.

Technical details:

Elevation gain: about 750 m / Downhill difference in height: about 900 m / Length: about 14 km

DAY 2 - 23 JULY: VAL DI RABBI AND SAËNT WATERFALLS

Soft itinerary:

Val di Rabbi is in the Stelvio National Park, a real natural paradise with larch forests and alpine meadows. Our trekking will bring us to the path of waterfalls where we will witness an impressive spectacle of nature, the amazing Saënt Waterfalls.

Technical details:

Elevation gain: about 490 m / Length: about 7,8 km

Hard itinerary:

After the waterfalls and after reaching the Dos de la Cros we will follow a path inside a larch forest with a roundtrip that will take about 3 hours.

Technical details:

Elevation gain: about 700 m / Downhill difference in height: about 700 m / Length: about 12 km / Duration: 6 hours

DAY 3 - 24 JULY: FROM PASSO DEL TONALE TO PASSO PARADISO, A HISTORICAL WAR PATH

Soft itinerary: Amazing landscape with Cima Busazza which, after an hour and a half walking, will take us to the Alveo Presena, at 2160 m of altitude. During wartimes this was the mule track that gave soldiers access to the first lines. Following path 281, part of the Path of Peace, we will walk through a valley dominated by the indented ridge of Monticelli. There are many signs of the World War I: caves, grid and the rest of the military Austro-Hungarian village destroyed by an avalanche in December 1916. We will arrive at Passo Paradiso, in Conca Presena. Nearby there is the Monument to the Brotherhood created by Emilio Serra which yearly welcomes Austrian and Italian delegations during the Brotherhood celebration. We can then go back in different ways: with the path we just did; using the cable car up to the Passo del Tonale; or with path 209 enjoying beautiful landscapes but with some steep sections.

Technical details:

Elevation gain: about 700 m / Length: about 11 km / Duration: 6 hours

Hard itinerary: We will go to Passo Presena using the cable car and then we will do a tour of the iced Mandrone Lake of the Adamello group. We are near the Hut Città di Trento Mandron at 2449 m of altitude, with a view over the Adamello glacier. The way down is through an old military path that connected Passo Tonale and Val di Genova reaching the Mandron Hut where a military hospital once resided, now a museum. We will have a break at the Hut before going up for 650 m to reach 3000 m of Passo Presena by 4:30 pm (before closure).

Technical details:

Elevation gain: about 650 m / Downhill difference in height: about 650 m / Duration: 7 hours

DAY 4 - 25 JULY : BRENTA HUTS TOUR

Soft itinerary: We will go up with the cable car Grostè until the Boch Hut. We will then proceed to Siplale Lake reaching Vallesinella Waterfalls. We will return by bus.

Technical details:

Downhill difference in height: about 600 m / Length: about 8 km

Hard itinerary: A classic trekking excursion that will bring us to two historical huts of Brenta: Tuckett and Maria& Alberto at Brentei. This will be an unforgettable tour, landscape is wild and "lunar", limestone blocks and huge landscapes are the characteristics of this amazing path. The path is not challenging because it is mostly downhill. The only challenging part is the one between path 318 and 328, it is quite easy but long.

Technical details:

Elevation gain: about 479 m / Downhill difference in height: about 1400 m / Length: about 12,6 km / Duration: 6 h

DAY 5 - 26 JULY: MONTE VIOZ - 3645 M

Soft itinerary: Val di Pejo

Departure from the cable car station from Scoiattolo Hut reaching Covel Lake inside Stelvio National Park in a beautiful landscape where we can visit a "malga" where a tasty sheep cheese is still produced.

Following an easy path, we will then go back to Pejo.

DAL LUNEDÌ AL VENERDÌ 8.30-13.00 / 14.00-19.00 | SABATO 9.00-13.00



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Technical details: Downhill difference in height: about 600 m - Length: 6/7 km - Duration: 4/5 hours

Hard itinerary (only well trained people)

We will depart from Doss dei Gembri Hut following path 138, direction Val della Mite, we will follow path 105 going up on the ridge getting around Dente del Vioz and following on Val della Mite side. At 3 200 m altitude we will go up on the rocky overhang of Brich, supported by a metallic rope, going up to Mantova Hut. From here we will go up through the snowy summit of Montevioz. We will return downhill using the same path. The summit is challenging, it can be reached without many technical difficulties. From the summit we will admire an amazing 360° landscape on the Ortles-Cevedale Glacier and Forni Glacier.

Technical details:

Elevation gain: about 1 345 m / Time to climb: 4 h / Total Duration: 8 h / Difficulty classification: EEF
Length: about 12,6 km / Duration: 6 h / Support hut: Mantova Hut , 3 535 m

DAY 6 - 27 JULY: CROSSING VAL DI TOVEL THROUGH VIA GEOALPINA

Wonderful Crossing of the Brenta group in the Dolomiti, starting from Madonna di Campiglio through the “via Geoalpina”. We will go up with the cable car to Santa Maria Flavona Valley, proceeding then downhill to Tovel Lake. We will do a tour of the lake, then a short visit of Park Adamello Brenta and back by bus. Packed lunch.

Technical details:

Downhill difference in height: about 900 m / Length: 12 km / Duration: 6 hours

RETURN TO ROME: 28 JULY 5:00/6:00 PM – meeting at Bar Antico Casello (Via Tiburtina, 954 – Rebibbia Metro Station)

PRICE:

€ 550 per person

Cost includes:

7 nights in a 4-star hotel in double room; half board (appetizers buffet, choice of 3 entries, 3 main courses, side dishes and desserts); entrance to the wellness centre with bathrobe, towel and slippers; welcome drink on the arrival day; one night with live music; “Orsetto Bimbo Club” for kids with an entertainer for children from 4 to 12 years old; ski lift complimentary in Folgarida and Marilleva area, in Tonale and Pejo; 30% of discount for Madonna di Campiglio area residents; assistance of at least four Tour Leaders from Star Trek and one Alpine Guide (Mario Toller).

Cost does not include:

travel cost: € 100 (travelling by bus, subject to availability); drinks; packed lunch (€ 10 each); wellness treatment (massages, etc); city tax (€ 1,80 per day per person); FederTrek membership card (€ 15); anything not included in the section “cost includes”.

Extras: single room: € 25 per day (subject to availability)

Packed lunch: € 10 (2 sandwiches, 1 fruit, 1 chocolate bar, mineral water 0,5l)

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10% discount on the 3rd and 4th bed for adults; reductions for children in the same room with 2 adults:

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A deposit of € 200 is required by **28 June** on the following IBAN:

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The balance can be paid directly to STARTREKK on the day of departure.

Send an email to info@startrekk.it indicating:

-first and last name;-place and date of birth; FederTrek card number; any food intolerance; bank transfer receipt; telephone number.

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LA LUNA SUL LAGO

Quale magia sa accendere la Luna.....Da secoli placida e bonaria illumina le notti per milioni di occhi che aspettano che lei splenda per loro



di Enrica Romanazzo

Sostiene e promuove da anni le attività della FAO STAFF COOP. Nel contempo segue ed organizza eventi in difesa dell'ambiente e per la valorizzazione del territorio salentino



La luna diafana di umidità danza sul lago. Il silenzio ovatta la collina. Esistono anche felicità silenziose, non necessariamente giovaistiche, né esibite, né esclusive, né di massa. Questa piccola e profonda serenità crepuscolare, mi appare come un bene ormai più raro del denaro, del potere, della bellezza: e il piacere di offrirsi una vacanza spartana ma felice. Ci sono luoghi nascosti ed appartati che raccontano di storie piene di fascino e ti immergono in mondi meravigliosi.

Quanta magia, quanta storia, quanto stupore può racchiudersi in un puntino minuscolo, del tutto insignificante di una cartina geografica? Ho percorso la mappa pezzo per pezzo con una buona lente d'ingrandimento per scoprire questa verità che ho davanti agli occhi. Lo sguardo si perde sui monti che sovrastano la distesa d'acqua del lago che assomiglia ad un fiordo. Sembra quasi un mare, percorre, divide la terra, gira, riempie di sé i paesi arrampicati sulla cresta del monte.

Qui mi sono immersa nel fascino discreto della quiete, nel silenzio, nella leggera foschia che c'è anche quando non c'è, che appartiene a questi luoghi e ne avvolge le atmosfere. Il paese che si affaccia sul lago dalla riva opposta sembra qualcosa di sospeso in mondi lontanissimi.

Lo specchio d'acqua riflette lo splendore della volta stellare. Passeggio pigramente, con la testa fra le nuvole: sembra che basti allungare una mano per accarezzare la calotta delle stelle. E l'odore intenso della terra umida che mi riconsegna alla realtà di una natura che appare quasi innaturale nella sua perfezione, sotto il magico albore della luna che sorride placida e bonaria. In questa perfetta, quieta, armoniosa solitudine, un rumore improvviso di passi sulla ghiaia mi annuncia una nuova presenza... Dalla piccola casa immersa negli alberi appare una vecchiaia con la veste lunga e la schiena curva dal peso dell'età: sembra uscita da una di quelle cartoline in bianco e nero, ingiallite dall'avanzare del tempo che raccontano di solide esistenze piene di tradizione.

I profumi ed i sapori del lago mi accarezzano e mi accompagnano a ritroso nel tempo.

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LA LUNE SUR LE LAC

Quelle la magie la lune ... Pendant des siècles elle a éclairé la nuit pour des millions d'yeux qui l'attendaient.

La lune diaphane, emplie d'humidité, danse sur le lac. Le silence emmitoufle la colline. Ce sont des lieux introuvables et isolés qui racontent des histoires fascinantes et vous immergent dans des mondes imaginaires.

O combien de magie, combien d'histoires, combien de merveilles peuvent se cacher dans un point minuscule et sans intérêt particulier d'une carte géographique!

Je parcours la carte peu à peu avec une bonne lentille d'agrandissement pour découvrir cette vérité que j'ai devant les yeux. Le regard se perd sur des monts qui surplombent les eaux plates d'un lac semblable à un fjord. Il ressemble presque à une mer qui parcourt, divise la terre, entoure les villages accrochés à la crête des collines.



Je me remplis du charme discret de la quiétude, du silence et de la brume légère qui recouvre les paysages et en dessine les contours...

Le village qui surplomb le lac sur la rive opposée semble être suspendu dans un monde lointain.

L'eau comme un miroir, reflète la splendeur de la voûte étoilée. Je me promène paresseusement, la tête dans les nuages: il suffirait presque que j'allonge le bras pour toucher la calotte des étoiles. L'odeur intense de la terre humide me ramène à la réalité d'une nature presque surnaturelle de par sa perfection, sous l'arbre magique de la lune qui sourit, placide et débonnaire. Dans cette solitude parfaite, calme, et harmonieuse, un bruit soudain de pas sur les galets m'annonce une présence nouvelle...une vieille vêtue d'une longue robe sort d'une petite maison cachée sous les arbres. Courbée sous le poids de l'âge, elle semble sortie d'une de ces cartes postales en noir et blanc, jaunies par le temps qui racontent des vies solides, pleines de traditions.

Les odeurs et les saveurs du lac me caressent et m'accompagnent dans le passé.



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SAILING PASSION

The Lega Navale Italiana-Fiumicino section offers FAO Staff Coop members courses for sailing licences at favourable conditions. It is possible to participate in several social and recreational initiatives as well as sailing boat trips. Courses for sailing licences are held in via del Pesce Volante snc, near the mouth of the River Tiber.

The headquarters are equipped with mooring.

DISCOUNTS FOR FAO STAFF COOP Membership fee (which includes insurance for sailing activities) **€ 60** instead of **€ 90**.

Start-up training course for sailing licence (Patente Nautica) € 300 instead of **€ 700**.



BOAT BAVARIA 44

(The cost of € 300 includes only theory classes that will be carried out at the Lega Navale Italiana – Fiumicino section, via del Pesce Volante s.n.c.,. It is possible to combine to the theory some practice, half-day boat trips (minimum 4 persons) at **€ 50 per person** (real cost of fuel and various).

For information on course dates and booking please contact FAO STAFF COOP Office, Room E-016, ext. 53142, 55753 or 56771.

The courses will start in September, however, on request it is possible to organize courses starting earlier, taking into consideration that they will be interrupted during the period 20 June – 30 July.

In addition, it is possible to organize 1-day boat trips at the cost of € 60 per person, including the Skipper and a sailor

- minimum 4 persons,**
- maximum 8 or 10 persons or more, according to boat capacity)**

The amount of € 60 does not include meals and drinks, which can be available on the boat on request. We invite those interested to come and see the boats at Porto di Ostia, Lungomare, where we will be pleased to offer a small welcoming drink onboard our boats.



SKIPPER MAURIZIO DE ROSSI AND HIS STUDENTS

For more information and for booking a visit, please contact the Skipper Maurizio De Rossi, cell 392 732 6096, mail: Maurizio.dr@gmail.com

N.B. Boat Trips will be subject to favourable weather conditions



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VELISMO: CHE PASSIONE

In vista della bella stagione, la Sezione di Fiumicino della Lega Navale Italiana offre ai Soci della FAO Staff Coop alcuni costi ridotti per le attività del 2019. E' possibile partecipare alle diverse attività come uscite in barca e gite sociali in mare.

Nella Sezione di Fiumicino si organizzano incontri e corsi per l'avviamento alla patente nautica. La sede in via del Pesce Volante snc, dispone anche di una base nautica posta sul fiume Tevere nei pressi della foce verso il mare, dove è ormeggiata una barca, mentre le altre imbarcazioni sono visitabili presso il porto turistico di Ostia.



PROMOZIONE SOCI FAO STAFF COOP 2019

Costo tessera (che comprende assicurazione per attività) **€ 60** anziché **€ 90**.

Corso avviamento alla patente nautica € 300 come contributo anziché **€ 700**.

(il costo di € 300 include solo le lezioni teoriche, da svolgere presso la sede di Via del Pesce Volante a Fiumicino, alle quali è possibile abbinare delle uscite in barca di mezza giornata - minimo richiesto 4 persone - al costo di **€ 50 a persona** (costi reali di carburante e varie).

Per informazioni sulle date dei corsi e prenotazioni contattare la FAO STAFF COOP stanza E-016, ext. 53142, 55753 o 56771.

I corsi inizieranno a settembre, tuttavia a richiesta è possibile organizzare corsi che inizino prima considerando però che verranno interrotti nel periodo 20/06 - 30/07.



Inoltre vi é la possibilità di organizzare delle uscite in barca della durata di una giornata, al costo di €60 euro a persona, comprensivo di comandante e marinaio.

-Minimo richiesto – 4 persone

-Massimo richiesto – 8 o 10 (o piú persone a seconda della capienza della barca).

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Per maggiori informazioni e per prenotare una visita, contattare lo Skipper **Maurizio De Rossi**, cell. 3927326096 / mail: maurizio.dr@gmail.com

N.B. Le uscite in barca saranno possibili solo in caso di condizioni climatiche favorevoli.

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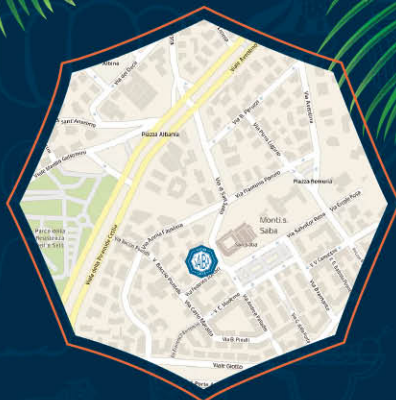
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