



NEWSLETTER

NOVEMBER 2021

fitnesspertutti.it

Via Maurizio Quadrio, 21



GRAVITY PILATES

Shape your body using the gravity effect!

Book your lesson with Carmelo

fao-staff-coop@fao.org

0657053142

Price list (discount for Coop Members)

Small groups:

1 lesson – 20 Euro

10 lessons – 170 Euro

Get your workout with Carmelo!

Carmelo De Stefano is a qualified personal trainer with many years of experience in the world of Fitness.

He is the supervisor of the Gym Fitnesspertutti in Via Maurizio Quadrio 21 and of Fitness c/o Pi Campus Roma.

He also works as Fitness and TRX teacher at:

Fitness First Health Club Roma Termini,

Piscina delle Rose,

Sporting Club Ostiense,

TRX - Villa Pamphili, Villa Borghese, Eur, Villa Ada,

Caracalla park and Appia park.

*Kindly note that FAO Staff Coop is in no way responsible for services provided by third parties, who respond directly to clients.