



Sunday, 3th April 2022

Ancient Appian way and Castelgandolfo Lake bike tour

(round trip by bike or return by train)



Meeting point : Fao viale Aventino, 8 at 8:45 am (we will leave at 9 am)

The Appia Antica, the largest open-air museum and the lake of Castelgandolfo, ... a beautiful tour through history, to reaching the lake of Castelgandolfo and to tasting the typical foods of the Roman castles.

We will start our tour from FAO and we will ride the Via Appia, up to Lake Castelgandolfo, crossing secondary roads and olive groves in the last stretch. We will taste a porchetta sandwich, overlooking the lake. If you prefer, you can return by train by your own (many trains available).

- Length: about 22 km (+ 22Km)
- Difficulty: easy
- It is required the ability to ride on roads open to vehicular traffic;
- Suitable bike: mountain bike, hybrid bike gravel bike, city bike
- **HELMET OBLIGATORY**

Price: **€. 20.00** for person. A **€5.00** special discount will be applied for those who bring other people (relatives or friends, and of course the discount will be applied also to them).

Special price for family groups (minimum 4 people): **€. 12.50** for person

BOOKING DEADLINE: Saturday 2 April at 1 pm

More info: Paolo Antonini Guida di Mountain Bike; mobile 333 4816341 mail:paolo.antonini@scuoladimtb.eu

*Kindly note that, In order to take part in the proposed activities, you need to become a member by registering on our website (<https://www.faostaffcoop.org/>). If you already are a member, you can just renew your membership for the year **2022**. Please contact fao-staff-coop@fao.org for any further assistance.*

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