



NEWSLETTER

**FAO Staff Coop
In cooperation with**

FEBRUARY 2022



**CULINARY TRAVELING GENES ADVENTURES
IN TUSCANY & THE ISLANDS OF SOUTHERN ITALY!
2022**

JOIN US IN 2022 FOR THE FOLLOWING ADVENTURES:

**A SAILING ADVENTURE TO THE ISLANDS OF TUSCANY
MAY 30 - JUNE 2, 2022**

A memorable 3 night/4 day sailing holiday to the beautiful Italian Islands, Giglio Island (Isola del Giglio) and Elba Island (Isola D'Elba) prior to our week in Cortona! Tuscany and its archipelago, a paradise to explore by sailboat: a region of charming villages, seaside towns, unforgettable scenery interspersed with sandy beaches, crystal blue waters, and majestic, windswept cliffs. Sailing in the Tuscan Archipelago is like navigating between precious Treasure Islands, with each island giving us different emotions and waiting to be discovered to reveal its natural and historic treasures to all those who sail there.



PRIVATE CATAMARAN CRUISE & CULINARY ADVENTURES TO THE BEAUTIFUL ISLANDS OF SOUTHERN ITALY - SALERNO, SORRENTO, PROCIDA, ISCHIA, CAPRI & AMALFI

JUNE 18-24, 2022

JULY 9-15, 2022

JULY 30-AUGUST 5, 2022

An unforgettable, one-of-a-kind catamaran cruise on the enchanting waters of Italy's Tyrrhenian Sea where we will discover a region of picturesque seaside towns, charming villages and beautiful views interspersed with crystal blue waters and majestic cliffs. We will be cruise along a unique coastline making stops in Salerno, Sorrento, Procida, Ischia, Capri and Amalfi, each having their own charismatic small ports, beautiful hidden harbors, and towns that are the essence of serenity, traditions and history waiting to be explored. Exquisite cuisine, stunning coastal landscapes, beautiful beaches and a wealth of cultural and natural wonders - it's hard not to fall in love with this Mediterranean paradise.

On your private catamaran cruise, you will get lost in a magnificent whirl of fragrances, unforgettable sunsets, sceneries, colors, tasty dishes, small villages and stunning cliffs with breathtaking views. Join Chef Pasqualina and Captain Alessandro on this authentic and specialized catamaran holiday featuring an exciting itinerary, where you will have ample time to explore, enjoy and soak in the wonders of Italy's Southwestern Coast. Our goal is to provide guests with a safe, enjoyable, and unforgettable experience where every crossing becomes a memory of beauty and serenity.



TASTE, EXPLORE & DISCOVER TUSCANY:

JUNE 4 - 10, 2022

OCTOBER 1 - 8, 2022

Join us in beautiful Cortona, Italy, for a unique, memorable and authentic Tuscan experience, where you will discover magical villages and off the beaten path adventures! June is when the Tuscan countryside reaches its peak of beauty and the landscape is filled with captivating and colorful flowers. It also marks the beginning of the summer, where the sunshine illuminates the days. Bars and restaurants open their outdoor spaces where friends and family gather to welcome the start of a new season, and where traditional festivals, food and wine fairs animate villages and towns.

October is a beautiful and perfect month in Tuscany particularly for food! Seasonal and locally grown delicacies, such as chestnuts, mushrooms, truffles, and olive oil are celebrated in style and the landscapes are filled with captivating colors, such as rich reds, burnt oranges and yellows, while the days remain sunny and warm.



Together, we will embark on a rich cultural journey of Italian passion, beauty, food and wine. Our week together will be filled with amazing people, encompassing the warm hospitality the Italian culture does so well. We will travel through the rolling hills of Tuscany covered in vineyards dotted with hilltop medieval villages full of history, and visit small, family-run farms and vineyards, where you will have the opportunity to partake in a cultural experience with the owners.

This is where the magic is! Join Chef Pasqualina and her Tuscan family in beautiful Cortona where you will nourish your soul with a Taste of Tuscany.

As always, we will arrive as strangers, but leave as family!

For a full brochure with details and pricing, please send an email culinarygenes@gmail.com with fao-staff-coop@fao.org in cc.

We hope to see you there!

**10% Discount for
FAO STAFF COOP
Members !**

Discover More:

<https://www.culinarygenes.com/future-trips>

In order to take part in the proposed activities, please make sure your membership is valid for 2022 (you can register or renew your membership on <https://www.faostaffcoop.org/>).

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