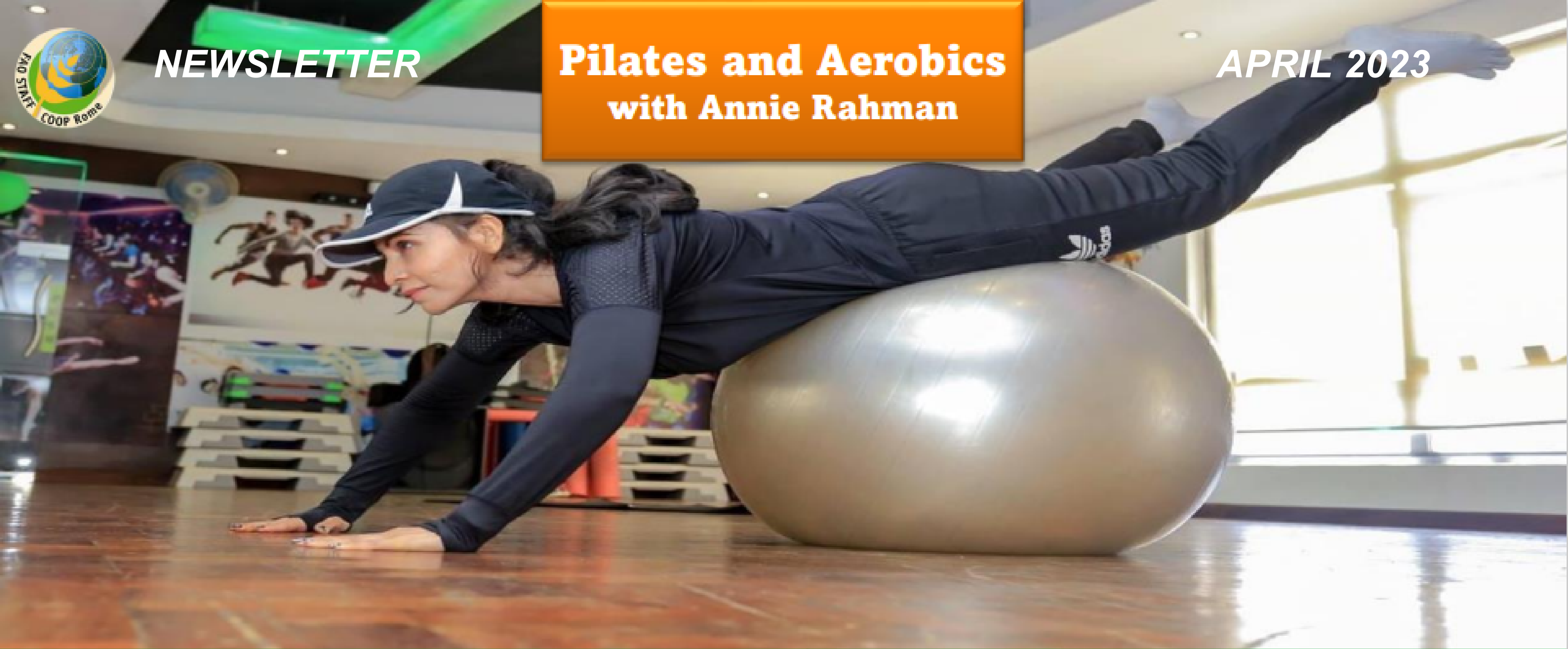




NEWSLETTER

Pilates and Aerobics with Annie Rahman

APRIL 2023



**Online Zoom Classes Aerobics (Total Body):
Mondays and Wednesdays from 12 to 1pm
Pilates: Mondays and Wednesdays from 1pm to 2 pm
(Min. 3 participants required)**

**Classes are open to multi-level practitioners
First Class Free Of Charge
Cost for 4 online lessons (1H) : €32
Cost for 8 online lessons (1H): €64**

For info and registration, please contact fao-staff-coop@fao.org / 06 57053142

N.B. IN ORDER TO TAKE PART IN THE PROPOSED ACTIVITIES, YOU HAVE TO BECOME A MEMBER BY REGISTERING ON OUR WEBSITE ([HTTPS://WWW.FAOSTAFFCOOP.ORG](https://www.fao-staff-coop.org)).
IF YOU ALREADY ARE A MEMBER, YOU CAN JUST RENEW YOUR MEMBERSHIP FOR THE CURRENT YEAR.

****KINDLY NOTE THAT FAO STAFF COOP IS IN NO WAY RESPONSIBLE FOR SERVICES PROVIDED BY THIRD PARTIES WHO RESPOND DIRECTLY TO CLIENTS**