NEWSLETTER

COOP ROM

APRIL 2023

MORNINGS OR AFTERNOONS 1H: €25 / 10HRS: €200

PERSONAL TRAINING a) THE PARK OF CARACALLA OR WHERE IT IS MORE COMFORTABLE FOR YOU!



NITE

3.

FOR INFO AND BOOKING: FAO-STAFF-COOP@FAO.ORG / 06 57053142

ANNIE IS A CERTIFIED FITNESS INSTRUCTOR PROVIDING: PILATES CLASSES, PERSONAL TRAINING, AND WEIGHT TRAINING.

N.B. IN ORDER TO TAKE PART IN THE PROPOSED ACTIVITIES, YOU HAVE TO BECOME A MEMBER BY REGISTERING ON OUR WEBSITE (HTTPS://WWW.FAOSTAFFCOOP.ORG). IF YOU ALREADY ARE A MEMBER, YOU CAN JUST RENEW YOUR MEMBERSHIP FOR THE CURRENT YEAR.

**KINDLY NOTE THAT FAO STAFF COOP IS IN NO WAY RESPONSIBLE FOR SERVICES PROVIDED BY THIRD PARTIES WHO RESPOND DIRECTLY TO CLIENTS