

## EXCLUSIVE FOR FAO - STAFF - COOP

To benefit from the dedicated promotion, Coop members must show their FAO Staff Coop membership card when registering (to receive your card, please send us a photo of yourself by email at [fao-staff-coop@fao.org](mailto:fao-staff-coop@fao.org) and you will receive your membership card in digital version. Alternatively, you can visit us in room E016 every Tuesday and Thursday afternoon from 2.30 p.m. to 5 p.m. bringing your passport photo, and you will receive your card in paper format.)

# plexus



20% OFF FOR PRIVATE TRAINING AND DUET SESSIONS. THIS INCLUDES, PILATES WITH MACHINES, FITNESS WITH MACHINES, YOGA, PLEXUS METHOD WITH MACHINES. ORIGINAL PRICE FOR A PRIVATE SESSION IS 80 EURO AND FOR DUETS IS 120 EURO .



40% OFF FOR ALL OUR GROUP SESSIONS THAT INCLUDE YOGA, PILATES AND PLEXUS METHOD = 15 EURO A SESSION



10% OFF ON LIFE AND HEALTH COACHING



10% OFF ON PHYSICAL THERAPY



10% OFF ON NUTRITIONIST (NOT INCLUDED THE DNA TESTING)

**PLEXUS@THEPLEXUS.IT**  
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\*\*Kindly note that FAO Staff Coop is in no way responsible for services provided by third parties who respond directly to clients