



NEW LUNCH-TIME OPEN DAY ACTIVITY

DANCE-RHYTHM-THERAPY WORKSHOP

THROUGH 'PRIMITIVE EXPRESSION'

We are honored to welcome, for the first time, **Dr. France Schott-Billmann**—Doctor of Psychology, pioneer in dance therapy, professor at the University of Paris, and internationally renowned author—along with her collaborators **Tiziana Buffagni, Sara Colonna, Erika Valentini, and Rossella Xilovich**. Together, they will lead an open-day event at the StaffCoop Gym C to promote psycho-physical and social well-being through Primitive Expression.

ENERGY  MOVEMENT  SYMBOLS  RHYTHM  LIVE PERCUSSIONS!




Dr. Schott-Billmann's method is widely sought after across Europe and beyond, with interventions in various countries and international organizations like the European Commission for well-being and teambuilding, as well as in companies, hospitals, and social centers. Adapted to multicultural environments, it is based on the universal, unifying, and archaic structures of pulsation (heartbeat) and swaying (breath). Through simple, synchronized, and repeated movements, it fosters connection, reconciles body and mind, and cultivates a vital sense of belonging—a powerful tool for individual and group transformation.



DON'T MISS THIS UNIQUE EVENT!

WHEN?  9 MAY 2025, starting at 12:30 PM

WHERE?  At FAO HQ, StaffCoop Gym C

For more information, watch our introductory videos: [Video 1](#) and [Video 2](#)

Kindly note that FAO Staff Coop is in no way responsible for services provided by third parties, who respond directly to clients.

