## COOP Rome

## **TEACHER: UMAIR JAVED**

FREE FRIAS

HORIOUT WITH WEIGHTS

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M.S Exercise Science & Sports Nutrition USA 8 Classes: €100 (valid for 2 months) Single class: €20 Mondays 13:00 GYM A Wednesdays 13:00 GYM C

## For more info. please contact Umair: +39 3517454941

\*Rooms may be subject to rotation.

## For booking: FAO Staff Coop, Room E016 fao-staff-coop@fao.org / 0657053142

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