



# WORKOUT with Annie

## Total Body

GYM C

MONDAYS 12:00 to 13:00  
WEDNESDAYS 12:00 to 13:00

## Pilates

(for retired staff ad spouses)

GYM A

WEDNESDAYS 10:00 to 11:30

MIN. 4 PARTICIPANTS  
X CLASS REQUIRED

**Instructor:**  
**Annie Rahman**

8 CLASSES: 75€  
(to be used within a month)

4 CLASSES: 40€  
(to be used within a month)

FIRST TRIAL:  
FREE OF CHARGE

INFO AND BOOKING:

FAO STAFF COOP - Room E016 (FAO)  
0657053142 / fao-staff-coop@fao.org



Kindly note that FAO Staff Coop is in no way responsible for services provided by third parties, who respond directly to clients