

GYMS COURSES IN FAO

- fitness & muscle toning
- feldenkrais method
- full body fit
- gym boxe & prepugilistics
- gym music
- lbt - legs, bums and tums
- lotte berk method
- pilates
- postural training
- shaolin kung fu workshop
- soft gymnastics (for retirees)
- tai chi
- table tennis

YOGA

- traditional yoga
- vinyasa yoga flow
- viniyoga

DANCE

- modern dance
- broadway jazz dance
- floorwork
- zumba
- pizzica
- tango

CULTURAL ACTIVITIES IN FAO

- Italian Language Courses
- Guitar Lessons
- Piano Lessons
- Positive Thinking
- Photography Course
- Gospel Choir
- Caribbean Cultural Group
- Human Values
- Shiatsu/ Foot Reflexology/Thai Message
- Wellness Treatments

SPECIAL AGREEMENTS

- theatres - concerts - events - Opera
- sport/wellness facilities
- summer camps
- food & restaurants
- education (school/universities)
- beach club
- tours
- shops
- medical services
- mental well-being
- career development coaching
- car services

ACCOMMODATION SERVICE

- short term
- long term
- summer - autumn rentals
- sales

Who we are

We provide high value services and benefits to the whole UN Staff and diplomatic community of Rome.

Since the establishment of our Cooperative in 1992, almost 10,000 members have benefitted from our services.

Read on for the many benefits of the FAO Staff Coop membership

Our Office

FAO HQ - Building E, Room E016
Monday to Friday from 9 to 13:30

WFP - HQ Service Centre - Hub2
Wednesdays from 12:40 to 17:00

Tel: **06/570 53142**
email: **fao-staff-coop@fao.org**

WEBSITE



FOLLOW US



FAO based services

- DRY CLEANING
- TAILORING SERVICE
- SHOE REPAIR
- INPS, ID DOC AND ASSISTANCE WITH ITALIAN BUREAUCRACY
- ACI - DEL. SAN LORENZO (VEHICLE SERVICE)
- MULTISERVICE "DOCUMENTI RAPIDI"
- FISCAL ADVISOR
- LEGAL ASSISTANCE
- NOTARY SERVICE
- G.A.D.O.I. MEDICAL INSURANCE
- BANKING CONSULTANCY
- LIBRARY
- SHIATSU (ACUPRESSURE) & FOOT REFLEXOLOGY TREATMENTS
- AYURVEDIC TREATMENTS
- CST - TECH SUPPORT ON SITE

WFP based services

- DRY CLEANING
- TAILORING SERVICE
- SHOE REPAIR
- INPS, ID DOC AND ASSISTANCE WITH ITALIAN BUREAUCRACY
- FISCAL ADVISOR
- LEGAL ASSISTANCE
- NOTARY SERVICE
- BANKING CONSULTANCY

OTHER SERVICES AVAILABLE ONLINE OR BY APPOINTMENT



Membership	Annual fee valid until 31 December 2026	Coop Share (One time only and refundable)
Full (FAO/WFP)	30 € (single) 35 € (family)	25.00 €
Associate (diplomatic/other UN organization)	30 € (single) 35 € (family)	/

Terms and conditions on www.faostaffcoop.org

FAO Casa Gazette



Please note that all holders of a WFP or IFAD badge are granted access to FAO premises.

our monthly magazine