

## **AYURVEDIC TREATMENTS, WHAT ARE THEY?**

AYURVEDIC TREATMENT with oil SLOWS DOWN aging, ELIMINATES fatigue and muscle aches, IMPROVES sleep, physical strength and PROLONGS life.

## Getting a treatment with herbal Ayurvedic medicated massage oils helps to:

- rebalance the physical, mind and energy levels
- improve nervous system symptoms and disorders such as anxiety, insomnia, panic attacks, migranes, burnout
- remove physical and mind fatigue

... and much more!



15% discount for all UN staff

## TRADITIONAL AYURVEDIC MASSAGE