



Event	Dates
7-day Active Retreat Immersion	May 19-25
4-day Active Weekend Escape	May 16-19, June 13-16

Are you ready to immerse yourself in a yoga and adventure retreat in a unique location in Italy? 🌞🌍🌱🧘🚴🏍️🍕🏠🌟

📅 Dates:

-May 16-19;

-May 19-25;

-June 13-16

📍 Location: Monte Argentario (<https://maps.app.goo.gl/xFokxucXF1qDqQcL9>), in a traditional "agriturismo" surrounded by olive trees, vineyards and the sea

🧘 Yoga offered every morning in the garden

👣 Excursions, hiking, biking, kayaking, swimming in the Tyrrhenian sea and much more

🏡 Visit charming Tuscan towns

🧖 Relax at natural hot springs

🍽️ Enjoy delicious local food

👋 Meet new people and make new friends

Feel regenerated in body and mind

✅ For more details and bookings: www.active-retreat.me/

✅ Use this code at the checkout to get a 40 euro discount: **4024HAPPY**

👉 Instagram: <https://www.instagram.com/active.retreat.me/>