



**12% DISCOUNT ON GROUP AND
10% DISCOUNT FOR PRIVATES
AND DUETS EXCLUSIVE FOR
FAO-COOP MEMBERS
(MEMBERSHIP CARD REQUIRED)**

FAO-COOP



**MONDAY
7:00 PM
PLEXUS METHOD**



**TUESDAY
7:00PM YOGA
FLOW**



**WEDNESDAY
7:00 PM
PLEXUS METHOD**



**For private sessions or
duets please contact us
directly**



WWW.THEPLEXUS.IT - 349.8261922