

Bike is Good

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Zona: Quo Vadis - Appia Antica/Parco Scott

SERVICE PRICE LIST FOR MUSCLE AND ELECTRIC BIKES (MAINTENANCE AND REPAIR) – **DISCOUNTED FOR COOP MEMBERS WITH VALID FAO STAFF COOP MEMBERSHIP CARD**

EURO

BIKE SAFETY INSPECTION	22,50 €
Checks whether the components are in good condition, checks, tightens and adjusts gears, brakes, wheel centring and safety points	
ASSEMBLY OF NEW BIKE	22,50 €
Assembly, adjustment	
PEDAL INSTALLATION	4,50 €
Replacing the pedals allows for more efficient pedalling and better stability while pedalling	
MOUNTING ACCESSORIES	4,50 €
To save time. Have the accessories mounted on your bike.	
HEADSET ADJUSTMENT	4,50 €
The headset is essential for steering the bike and its adjustment is essential to avoid damaging the bearings and seats	
SADDLE/COLLAR REPLACEMENT	6 €
Replacement improves comfort	
REPLACEMENT OF A BRAKE LEVER	7 €
We recommend replacing the brake levers to restore the bike's braking system to serviceable condition	
REPLACEMENT OF FREEWHEEL OR CASSETTE	7 €
Changing the freewheel or cassette avoids chain jumps and improves gear shifting.	
WHEEL CENTRING	7 €
Wheel centring improves the service life of the bike wheels, braking effectiveness and road holding.	
TYRE AND/OR INNER TUBE REPLACEMENT	7 €
For replacing the tyre and/or inner tube	
REPLACEMENT OF 1 PAIR OF BRAKE PADS	7 €
We recommend this service if either the front or rear brake pads are worn or if the brake pads are contaminated.	
WHEEL SEAT THREAD, REAR DERAILLEUR DROPOUT OR CRANK ARM	9 €
To secure the derailleur, wheels or pedals properly. Re-threading reduces the attachment point and decreases the risk of failure during operation.	
WHEEL HUB TIGHTENING/ADJUSTMENT	9 €
It's part of bike maintenance! If you see that the steering has play, it is important to tighten it. Checking the bearings and cones is included.	
CHAIN REPLACEMENT	9 €
The change will optimise and facilitate gear shifting.	

REPLACEMENT OF A BRAKE/SHIFT CABLE AND/OR HOUSING	
Replacing cables and sheaths allows the cable to pass more smoothly through the sheaths, improving speed and efficiency	9 €
TRANSMISSION ADJUSTMENT	9 €
The rear derailleur adjustment allows the front or rear derailleur to be realigned to optimise gear shifting.	
BRAKE ADJUSTMENT	9 €
Brake adjustment optimises braking and prevents premature wear.	
REPLACEMENT OF HANDLEBARS AND/OR STEM	9 €
Replacement makes biking much safer.	
PUNCTURE-PROOF TREATMENT ONE WHEEL - LATEXING	9 €
The use of this preventive product makes it possible to limit drilling for holes with a diameter of less than 3 mm	
REPLACEMENT OF FRONT OR REAR WHEEL	12,50 €
Replacement of wheel if damaged	
CRANKSET OR CHAINRING REPLACEMENT	13,50 €
If the crown teeth are worn or bent, and if the crowns are deformed.	
GEARBOX CONTROL REPLACEMENT	13,50 €
The change will optimise and facilitate gear shifting.	
WHEEL SPOKES REPLACEMENT (1 to 3 spokes) + CENTRING	13,50 €
Changing the wheel spokes allows the wheel to be realigned and rebalanced in relation to the hub.	
REPLACEMENT DERAILLEUR OR PULLEYS	18 €
Changing gears is optimised and facilitated	
HEADSET REPLACEMENT	13,50 €
This performance allows the headset of the bike to be replaced	
BLEEDING OR REPLACING HYDRAULIC BRAKE	18 €
Bleeding the hydraulic brake, or replacing it if compromised, improves braking efficiency	
REPLACING/CLAMPING OR GREASING BOTTOM BRACKET	18 €
Its replacement makes it possible to improve the pedalling of the bike.	
REPLACEMENT OR RESHAPING OF THE REAR DERAILLEUR DROPOUT	18 €
We recommend refitting if frame-integrated, or replacement to avoid compromising the gearbox	
REPLACEMENT BRAKE BODY/DRUM BRAKE	18 €
We recommend this performance if braking is ineffective or the brake is damaged	
BIKE WASHING	22,50 €
Complete cleaning of the bike	
GREASING HUB OR REPLACING WHEEL BEARINGS	22,50 €
It is important to maintain the material regularly; lubricating the bearings reduces wear on the pivots of the bike.	
FORFAIT GEARBOX REPLACEMENT	22,50 €
Replacement: - derailleur - dropout - shift cable - chain - wheel centring	
MECHANICAL FORK OVERHAUL	32 €
includes cleaning and lubricating the fork components and checking that they function correctly.	
REPLACEMENT / COMPLETE INSTALLATION OF LIGHTING SYSTEM WITH DYNAMO	32 €
Installation or replacement of lights (dynamo type) at the front or rear of the bike.	
REPLACEMENT CENTRAL SHOCK ABSORBER	32 €
Replacing the shock absorber improves the comfort and road holding of the bike.	
FORK REPLACEMENT	36 €
Replacing the fork improves the comfort and road holding of the bike	

CARRIAGE REPLACEMENT	45 €
Replacement of the triangle and bearings is absolutely necessary in the event of breakage or lateral play.	
FORFAIT TRANSMISSION REPLACEMENT	45 €
Refurbishment of all drivetrain elements (chain, sprockets, crankset, bottom bracket, dropout, cables and sheaths + a rear derailleur or a shifter)	
FORFAIT BRAKE REPAIR/REPLACEMENT	51 €
The refurbishment of the braking system improves the overall braking effectiveness of the bike.	
HYDRAULIC FORK OVERHAUL	51 €
Dismantling, cleaning, oil change, if necessary including replacement of seals or guide rings (parts not included).	
FORFAIT E-BIKE SAFETY AUDIT	67 €
Control of safety points and complete adjustment.	
FORFAIT BIKE REFURBISHMENT	90 €
Checking of safety points and complete adjustment. Checking, tightening, adjusting, lubricating and replacing worn parts.	
REPLACEMENT OF TWO RIGID TYRES + 2 AIR CHAMBERS (including material costs: tyres and inner tubes)	63 €
To improve the grip and safety of your bike	
REPLACEMENT OF TWO FOLDING TYRES + 2 AIR CHAMBERS (including material costs: tyres and inner tubes)	108 €
To improve the grip and safety of your bike	

IMPORTANT NOTE: the above prices (except for the last two items on this list) do not include the cost of related spare parts / accessories / components, which are charged separately and discounted by 10 %.